

Peer Health Exchange Mills Health Educator Volunteer Description

Description

Peer Health Exchange (PHE) is a non-profit organization that gives teenagers the knowledge and skills they need to make healthy decisions. We do this by training college students to teach a comprehensive health curriculum in public high schools that lack health education.

PHE Health Educators are volunteers. They will learn to teach one of the PHE workshops, and they will teach it in public high schools. PHE Health Educators will be:

- Workshop topic experts
- Workshop teachers

Time Commitment

- September 2009 to May 2010
- 4 – 6 hours per week to:
 - Teach at least one workshop each week
 - Attend two trainings each week in the fall semester and occasional trainings in the spring semester
 - Practice independently, as needed

Responsibilities

PHE Health Educators will:

- Learn one PHE workshop and how to teach it effectively
 - Attend the PHE Volunteer Orientation on Monday, September 21 at 7:45pm
 - Attend weekly Health Educator trainings in the fall semester on Mondays at 7:45pm
 - Attend weekly Workshop Group Meetings led by a Leadership Council member on a day and time determined by their Workshop Group
 - Incorporate direction and evaluation from their Leadership Council member in order to develop and improve their teaching skills
 - Receive a score of 80% or higher on a written workshop test and a Teaching Skills Evaluation
- Teach their PHE workshop
 - Teach their workshop in PHE Partner High Schools at least once per week on Thursday afternoons, Friday mornings, and/or Friday afternoons for the entire academic year
 - Observe other PHE workshops
 - Support the PHE program through additional volunteer opportunities
- Make PHE an extracurricular priority

Qualifications

PHE is looking for someone who:

- Is committed to the PHE mission
- Has excellent teaching skills
- Is willing to develop and improve their teaching ability
- Will commit 4–6 hours per week including 2 meetings and at least 1 workshop the entire academic year
- Is a full-time undergraduate student

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Benefits

PHE Health Educators will:

- Provide a much-needed service to public high school students who are not receiving health education
 - Help build an effective, replicable model of health education
- Receive recommendations and references for graduate school, internships, fellowships, awards, and jobs
- Develop strong teaching skills
 - Gain first-hand classroom experience
 - Develop group facilitation skills
 - Develop classroom management skills
- Develop valuable interview and job skills
 - Develop public speaking skills
 - Develop interpersonal skills
- Learn valuable health information
- Learn about career opportunities
 - Learn about the public service, public health, and education sectors
 - Learn about job and internship opportunities
 - Have the opportunity to apply for jobs at PHE after graduation
- Be an integral part of the campus community
 - Develop friendships with a diverse group of fellow students
 - Help build a lasting campus organization by recruiting friends and classmates
 - Have the opportunity to apply for leadership positions in PHE

PHE Workshops

- Sexual Decision-Making & Communication
- Contraception
- STIs & HIV
- Healthy Relationships
- Abusive Relationships
- Rape & Sexual Assault
- Nutrition & Physical Activity
- Tobacco
- Alcohol
- Drugs

Contact

To apply to be a PHE Health Educator, visit www.peerhealthexchange.org/apply

More information about PHE can be found at www.peerhealthexchange.org

For questions, contact mills@peerhealthexchange.org