

Sexually Transmitted Infections & HIV Resources

HOTLINES

- Centers for Disease Control and Prevention Information Line: 800-CDC-INFO (24 Hours)
- NYC Department of Health AIDS Helpline: 800-TALK-HIV (Mon-Sat 9am-9pm)

WEBSITES

- The American Social Health Association www.iwannaknow.org, www.quierosaber.org
- Sex, Etc., A Website By Teens for Teens www.sexetc.org
- GYT, MTV's It's Your Sex Life www.itsyoursexlife.com/gyt
- Scarleteen, Sex Ed for the Real World www.scarleteen.com

Pregnancy Prevention Resources

WEBSITES

- Planned Parenthood Federation of America, Teenwire www.teenwire.com
- Teen Source www.teensource.org
- Bedsider Birth Control Method Explorer <http://bedsider.org/methods>
- The Emergency Contraception Website <http://ec.princeton.edu>
- Maria Talks www.mariatalks.com

Abusive Relationships Resources

HOTLINES

- Casa de Las Madres Teen Crisis Line: 877-923-0700
- Childhelp USA National Child Abuse Hotline: 800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 866-331-9474 (24 Hours)
- National Domestic Violence Hotline: 800-799-SAFE (24 Hours)

WEBSITES

- Love is Respect www.loveisrespect.org
- The Teen Action Campaign www.seeitandstopit.org
- The Safe Space www.thesafespace.org

Rape & Sexual Assault Resources

HOTLINES

- National Sexual Assault Hotline: 800-656-HOPE, Option #1 (24 Hours)

WEBSITES

- The Rape, Abuse, & Incest National Network www.rainn.org
- Coalition Against Rape www.teenpcar.com

Mental Health Resources

HOTLINES

- National Suicide Prevention Lifeline: 800-273-TALK or 888-628-9454 for Spanish (24 Hours)
- The Mental Health Association of NYC: 800-LIFENET or 800-AYUDESE (24 Hours)

WEBSITES

- Teen Mental Health www.teenmentalhealth.org
- Mind Your Mind mindyourmind.ca
- Cope Care Deal www.copecaredeal.org
- Voices of Education www.save.org

General Health Resources

HOTLINES

- Boys Town National Hotline: 800-448-3000 (24 Hours)

WEBSITES

- Go Ask Alice! www.goaskalice.columbia.edu
- TeensHealth www.teenshealth.org
- We Are Talking www.pamf.org/teen
- Center for Young Women's Health www.youngwomenshealth.org
- Young Men's Health www.youngmenshealth.org

Legal Resources

WEBSITES

- Teen Health Rights www.teenhealthlaw.org
- New York Civil Liberties Union <http://www.nyclu.org>

Nutrition & Physical Activity Resources

WEBSITES

- Choose My Plate www.choosemyplate.gov
- TeensHealth, Your Mind http://kidshealth.org/teen/your_mind

Eating Disorders Resources

HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 630-577-1330

WEBSITES

- Center for Young Women's Health www.youngwomenshealth.org
- National Eating Disorders Association www.nationaleatingdisorders.org

Tobacco Resources

HOTLINES

- National Cancer Institute Smoking Helpline: 877-44-UQUIT

WEBSITES

- ASPIRE www2.mdanderson.org/depts/aspire/site.html
- Teen Quit www.teenquit.com
- How Can I Quit Smoking? http://kidshealth.org/teen/drug_alcohol/tobacco/quit_smoking.html#
- Smokefree.gov <http://smokefree.gov>

Alcohol Resources

HOTLINES

- National Drug and Alcohol Treatment Referral Routing Service: 800-662-HELP
- National Alcoholism and Substance Abuse Information Center: 800-784-6776

WEBSITES

- TeensHealth, Drugs & Alcohol www.teenshealth.org/teen/drug_alcohol
- The Cool Spot www.thecoolspot.gov
- Al-Anon/Alateen www.alateen.org

Drug Resources

HOTLINES

- Substance Abuse and Mental Health Services Administration: 800-662-HELP (24 Hours)
- Covenant House 9-line: 800-999-9999 (Mon-Sun 2pm-12am)

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- National Institute on Drug Abuse for Teens www.teens.drugabuse.gov
- Free Vibe www.abovetheinfluence.com

Gay, Lesbian, Bisexual, and Transgender (GLBT) Resources

HOTLINES

- GLBT National Hotline: 888-843-4564 (Mon-Fri 4pm-12am, Sat 12pm-5pm)
- GLBT National Youth Talkline: 800-246-7743 (Mon-Fri 4pm-12am, Sat 12pm-5pm)
- The Trevor Project: 866-488-7386

WEBSITES

- Advocates for Youth www.youthresource.com
- Ambiente Joven www.ambientejoven.org
- Amplify Your Voice www.amplifyyourvoice.org/issues/glbtrights
- Gay, Lesbian, and Straight Education Network www.glsen.org

Bronx Health Clinics

- Gunhill Health Center**
 1012 East Gun Hill Rd (btw. Paulding & Hone Ave)
 General Hours: Mon-Fri 8:30am-4:30pm
 Phone: 718-918-8850
 Website: www.nyc.gov/html/hhc/jacobi/html/centers/centers.shtml
 Appointments Only
 Take the 2 or 5 train to Gun Hill Rd or the BX28 bus to Gun Hill Rd & Paulding Ave
- Jacobi Medical Center** ☼
 1400 Pelham Pkwy S (at Eastchester Rd)
 General Hours: Mon-Fri 8:30am-4:30pm
 Phone: 718-918-5700
 Website: www.nyc.gov/html/hhc/html/jacobi
 Appointments Only
 Take the 2 or 5 train to Pelham Pkwy and BX12 bus to Jacobi Medical Center.
- St. Barnabas Adolescent Medicine Department**
 4487 3rd Ave, 2nd Fl (btw. E 182nd & 183rd St)
 General Hours: Mon-Fri 8:30am-5pm
 Walk-In Hours: Mon-Fri 8:30am-11am & 1pm-4pm
 Phone: 718-960-6433
 Take the BX15 or BX55 bus to 184th St & 3rd Ave.
- Union Community Health Center**
 2021 Grand Concourse (btw. Bush St & E Burnside Ave)
 General Hours: Mon-Fri 9am-5pm
 Phone: 718-960-9110
 Website: www.uchcbronx.org
 Walk-In Appointments Available
 Take the B or D train to Tremont Ave.
- Tremont Health Center**
 1826 Arthur Ave, 2nd Fl (at 175th St)
 General Hours: Mon-Fri 8:30am-5pm
 Phone: 718-918-8750
 Website: www.nyc.gov/html/hhc/jacobi/html/centers/centers.shtml
 Walk-In Appointments Available
 Take the 2 or 5 train to E Tremont Ave-W Farms Sq.
- The Children's Aid Society Bronx Family Center**
 1515 Southern Blvd (btw. E 172nd & Jennings St)
 General Hours: Mon-Fri 9am-5pm
 Phone: 718-860-8595
 Website: www.childrensaidsociety.org/bronx-family-center/health-services
 Walk-In Appointments Available
 Take the 2 or 5 train to Freeman St or 174th St.
- NYC Department of Health STD Clinic, Morrisania***
 1309 Fulton Ave (at E 169th St)
 General Hours: Mon-Fri 8:30am-3pm, Sat 8:30am-11am
 Phone: 718-579-7714
 Website: www.nyc.gov/html/doh/html/std/std2.shtml
 Walk-In Appointments Only
 All Services Free
 Take the BX15 or BX55 bus to 169th St & 3rd Ave.
- The Morrisania Diagnostic & Treatment Center**
 1225 Gerard Ave (btw. E 167th & 168th St)
 General Hours: Mon-Fri 8am-5pm
 Phone: 718-960-2777
 Website: www.nyc.gov/html/hhc/html/facilities/morrisania.shtml
 Walk-In Appointments Available
 Take the 4 train to 167th St, or the BX1 or BX2 bus to 168th St & Grand Concourse.
- Urban Horizons Family Health Center**
 50 E 168th St (at Gerard Ave)
 General Hours: Mon 8:30am-7pm, Tues-Fri 8:30am-5pm
 Phone: 718-293-3900
 Website: www.institute2000.org/health/bronx/bronx.htm
 Walk-In Appointments Available
 All Services Free
 Take the 4 train to 167th St, or the BX1 or BX2 bus to 168th St & Grand Concourse.
- Bronx Health Center: Community Healthcare Network** ☼
 975 Westchester Ave (btw. Kelly & Tiffany St)
 General Hours: Mon/Wed 10am-6pm, Tues/Thurs/Fri 9am-5pm, Sat 8am-3:30pm
 Phone: 718-320-4466
 Website: www.chnyc.org/locations/bronx/
 Appointments Only
 Take the 5 train to Intervale Ave.
- Planned Parenthood, The Bronx Center** ☼
 349 E 149th St (at Courtlandt Ave)
 General Hours: Tues-Sat 8am-4pm
 Men's Hours: Sat 8:30am-3:15pm
 Phone: 212-965-7000
 Appointments Preferred, Walk-In Appointments Available for Pregnancy Testing
 Take the 2 or 5 train to 3rd Ave & 149th St, or the 4 train to 149th St & Grand Concourse.

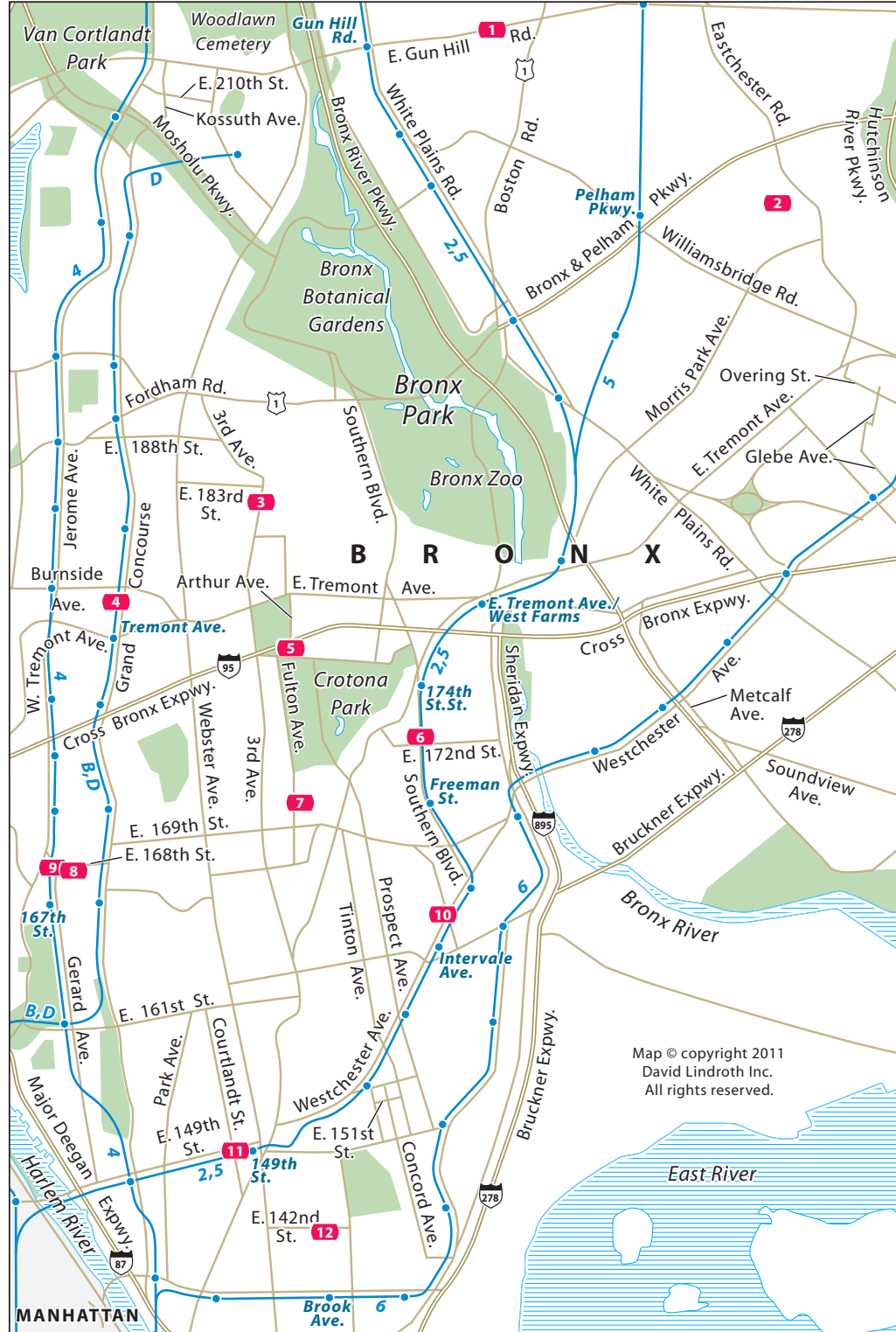
12. Segundo Ruiz Belvis Treatment & Diagnostic Center

545 E 142nd St (btw. St. Ann's & Brook Ave)
 General Hours: Mon-Fri 8:30am-5pm
 Phone: 718-579-4000
 Website: www.nyc.gov/html/hhc/html/facilities/belvis.shtml
 Walk-In Appointments Available
 Take the 6 train to Brook Ave.

Unlike all other clinics, the clinics marked with an asterisk () do not offer comprehensive health services. Instead, they offer primarily reproductive health services.

☼ The health centers marked with a sun (☼) receive federal funding through Title X, meaning that a teenager may get certain reproductive health services (including STI testing and methods of pregnancy prevention) for free or at a low cost. To find the nearest Title X health center to you, send a text message containing FINDPCLINIC and a ZIP code

to 368674. The reply will provide the name, address, and telephone number of the nearest Title X health center. Disclaimer: All information contained herein is provided "AS IS" without warranty, expressed, or implied. Peer Health Exchange expressly disclaims all liability in respect to actions taken or not taken based on any or all of the contents of this card.



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