

## Sexually Transmitted Infections & HIV Resources

### HOTLINES

- Centers for Disease Control and Prevention Information Line: 1-800-CDC-INFO (24 Hours)
- Illinois Department of Health AIDS/HIV/STI Hotline: 1-800-243-2437

### WEBSITES

- The American Social Health Association [www.iwannaknow.org](http://www.iwannaknow.org), [www.quierosaber.org](http://www.quierosaber.org)
- Sex, Etc., A Website By Teens for Teens [www.sexetc.org](http://www.sexetc.org)
- Sexuality and U <http://sexualityandu.ca/teens>
- GYT, MTV's It's Your Sex Life [www.GYT09.org](http://www.GYT09.org)

## Contraception Resources

### HOTLINES

- Sexual Health Helpline: 1-877-MA-SEX-ED or 1-877-627-3933

### WEBSITES

- Planned Parenthood Federation of America, Teenwire [www.teenwire.com](http://www.teenwire.com)
- Teen Source [www.teensource.org](http://www.teensource.org)
- Choosing a Birth Control Method [www.arhp.org/crc/compare-methods.html](http://www.arhp.org/crc/compare-methods.html)
- The Emergency Contraception Website [www.not-2-late.com](http://www.not-2-late.com)

## Abusive Relationships Resources

### HOTLINES

- Childhelp USA National Child Abuse Hotline: 1-800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 1-866-331-9474 (24 Hours)

### WEBSITES

- Love is Respect [www.loveisrespect.org](http://www.loveisrespect.org)
- The Teen Action Campaign [www.seeitandstopit.com](http://www.seeitandstopit.com)
- The Safe Space [www.thesafespace.org](http://www.thesafespace.org)

## Rape & Sexual Assault Resources

### HOTLINES

- National Sexual Assault Hotline: 1-800-656-HOPE Option #1 (24 Hours)
- Dove Teen Violence Dating Program: 617-471-1234 (24 Hours)
- Chicago Rape Crisis Hotlines: 1-888-293-2080

### WEBSITES

- The Rape, Abuse, & Incest National Network [www.rainn.org](http://www.rainn.org)
- Coalition Against Rape [www.teenpcar.com](http://www.teenpcar.com)
- Men Speak Up [www.menspeakup.org](http://www.menspeakup.org)

## Mental Health Resources

### HOTLINES

- The National Hopeline Network: 1-800-SUICIDE or 1-800-442-HOPE

### WEBSITES

- TeensHealth, Your Mind [www.kidshealth.org/teen/your\\_mind](http://www.kidshealth.org/teen/your_mind)
- Cope Care Deal [www.copecaredeal.org](http://www.copecaredeal.org)

## General Health Resources

### HOTLINES

- The Girls and Boys Town National Hotline: 1-800-448-3000 (24 Hours)
- DYCD Youth Connect: 1-800-246-4646

### WEBSITES

- Go Ask Alice! [www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)
- TeensHealth [www.teenshealth.org](http://www.teenshealth.org)
- We're Talking [www.pamf.org/teen](http://www.pamf.org/teen)
- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- Young Men's Health [www.youngmenshealth.org](http://www.youngmenshealth.org)

## Legal Resources

### HOTLINES

- Illinois ACLU: 1-800-572-1092 ext. 311

### WEBSITES

- Illinois ACLU [www.aclu-il.org](http://www.aclu-il.org)

## Nutrition & Eating Disorders Resources

### HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 1-800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 847-831-3438

### WEBSITES

- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- National Eating Disorders Association [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
- My Pyramid [www.mypyramid.gov](http://www.mypyramid.gov)

## Tobacco Resources

### HOTLINES

- American Lung Association HelpLine: 1-866-727-5252
- Illinois Tobacco Quitline: 1-866-QUIT-YES

### WEBSITES

- ASPIRE [www2.mdanderson.org/depts/aspire/site.html](http://www2.mdanderson.org/depts/aspire/site.html)
- Teen Quit [www.teenquit.com](http://www.teenquit.com)

## Alcohol Resources

### HOTLINES

- National Drug and Alcohol Treatment Hotline: 1-800-662-HELP
- Alcoholics Anonymous Chicago: 312-346-1475

### WEBSITES

- Partnership for a Drug-Free America [www.checkyourself.org](http://www.checkyourself.org)
- The Cool Spot [www.thecoolspot.gov](http://www.thecoolspot.gov)
- Al-Anon/Alateen [www.alateen.org](http://www.alateen.org)

## Drug Resources

### HOTLINES

- Substance Abuse and Mental Health Services Administration: 1-800-662-HELP
- Covenant House 9-line: 1-800-999-9999

### WEBSITES

- Partnership for a Drug-Free America [www.checkyourself.org](http://www.checkyourself.org)
- National Institute on Drug Abuse for Teens [www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)
- Free Vibe [www.freevibe.com](http://www.freevibe.com)

## LGBTQ Resources

### HOTLINES

- Gay and Lesbian National Hotline: 1-888-843-4564
- GLBT National Youth Talkline: 1-800-246-7743
- The Trevor Project: 1-866-488-7386

### WEBSITES

- Advocates for Youth [www.youthresource.com](http://www.youthresource.com)
- Ambiente Joven [www.ambientejoven.org](http://www.ambientejoven.org)

