

## Sexually Transmitted Infections & HIV Resources

### HOTLINES

- Centers for Disease Control and Prevention Information Line: 800-CDC-INFO (24 Hours)
- Illinois Department of Health AIDS/HIV/STI Hotline: 800-243-2437

### WEBSITES

- The American Social Health Association [www.iwannaknow.org](http://www.iwannaknow.org), [www.quierosaber.org](http://www.quierosaber.org)
- Sex, Etc., A Website By Teens for Teens [www.sexetc.org](http://www.sexetc.org)
- GYT, MTV's It's Your Sex Life [www.itsyoursexlife.com/gyt](http://www.itsyoursexlife.com/gyt)
- Scarleteen, Sex Ed for the Real World [www.scarleteen.com](http://www.scarleteen.com)

## Pregnancy Prevention Resources

### WEBSITES

- Planned Parenthood Federation of America, Teenwire [www.teenwire.com](http://www.teenwire.com)
- Teen Source [www.teensource.org](http://www.teensource.org)
- Bedsider Birth Control Method Explorer <http://bedsider.org/methods>
- The Emergency Contraception Website <http://ec.princeton.edu>
- Maria Talks [www.mariatalks.com](http://www.mariatalks.com)

## Abusive Relationships Resources

### HOTLINES

- Casa de Las Madres Teen Crisis Line: 877-923-0700
- Childhelp USA National Child Abuse Hotline: 800-422-4453 (24 Hours)

- National Teen Dating Abuse Helpline: 866-331-9474 (24 Hours)
- National Domestic Violence Hotline: 800-799-SAFE (24 Hours)

### WEBSITES

- Love is Respect [www.loveisrespect.org](http://www.loveisrespect.org)
- The Teen Action Campaign [www.seeitandstopit.org](http://www.seeitandstopit.org)
- The Safe Space [www.thesafespace.org](http://www.thesafespace.org)

## Rape & Sexual Assault Resources

### HOTLINES

- National Sexual Assault Hotline: 800-656-HOPE, Option #1 (24 Hours)
- Chicago Rape Crisis Hotline: 888-293-2080

### WEBSITES

- The Rape, Abuse, & Incest National Network [www.rainn.org](http://www.rainn.org)
- Coalition Against Rape [www.teenpcar.com](http://www.teenpcar.com)

## Mental Health Resources

### HOTLINES

- National Suicide Prevention Lifeline: 800-273-TALK or 888-628-9454 for Spanish (24 Hours)
- The Mental Health Association of NYC: 800-LIFENET or 800-AYUDESE (24 Hours)

### WEBSITES

- Teen Mental Health [www.teenmentalhealth.org](http://www.teenmentalhealth.org)
- Mind Your Mind [mindyourmind.ca](http://mindyourmind.ca)
- Cope Care Deal [www.copecaredeal.org](http://www.copecaredeal.org)
- Voices of Education [www.save.org](http://www.save.org)

## General Health Resources

### HOTLINES

- Boys Town National Hotline: 800-448-3000 (24 Hours)

### WEBSITES

- Go Ask Alice! [www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)
- TeensHealth [www.teenshealth.org](http://www.teenshealth.org)
- We Are Talking [www.pamf.org/teen](http://www.pamf.org/teen)
- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- Young Men's Health [www.youngmenshealth.org](http://www.youngmenshealth.org)

## Legal Resources

### HOTLINES

- Illinois ACLU: 800-572-1092 #311

### WEBSITES

- Teen Health Rights [www.teenhealthlaw.org](http://www.teenhealthlaw.org)

## Nutrition & Physical Activity Resources

### WEBSITES

- Choose My Plate [www.choosemyplate.gov](http://www.choosemyplate.gov)
- TeensHealth, Your Mind [http://kidshealth.org/teen/your\\_mind](http://kidshealth.org/teen/your_mind)

## Eating Disorders Resources

### HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 630-577-1330

### WEBSITES

- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- National Eating Disorders Association [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

## Tobacco Resources

### HOTLINES

- National Cancer Institute Smoking Helpline: 877-44-UQUIT

### WEBSITES

- ASPIRE [www2.mdanderson.org/depts/aspire/site.html](http://www2.mdanderson.org/depts/aspire/site.html)
- Teen Quit [www.teenquit.com](http://www.teenquit.com)
- How Can I Quit Smoking? [http://kidshealth.org/teen/drug\\_alcohol/tobacco/quit\\_smoking.html#](http://kidshealth.org/teen/drug_alcohol/tobacco/quit_smoking.html#)
- Smokefree.gov <http://smokefree.gov>

## Alcohol Resources

### HOTLINES

- National Drug and Alcohol Treatment Referral Routing Service: 800-662-HELP
- National Alcoholism and Substance Abuse Information Center: 800-784-6776
- Alcoholics Anonymous Chicago: 312-346-1475 (24 Hours)

### WEBSITES

- TeensHealth, Drugs & Alcohol [www.teenshealth.org/teen/drug\\_alcohol](http://www.teenshealth.org/teen/drug_alcohol)
- The Cool Spot [www.thecoolspot.gov](http://www.thecoolspot.gov)
- Al-Anon/Alateen [www.alateen.org](http://www.alateen.org)

## Drug Resources

### HOTLINES

- Substance Abuse and Mental Health Services Administration: 800-662-HELP (24 Hours)

- Covenant House 9-line: 800-999-9999 (Mon-Sun 2pm-12am)

### WEBSITES

- Partnership for a Drug-Free America [www.checkyourself.org](http://www.checkyourself.org)
- National Institute on Drug Abuse for Teens [www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)
- Free Vibe [www.abovetheinfluence.com](http://www.abovetheinfluence.com)

## Gay, Lesbian, Bisexual, and Transgender (GLBT) Resources

### HOTLINES

- GLBT National Hotline: 888-843-4564 (Mon-Fri 3pm-11pm, Sat 11am-4pm)
- GLBT National Youth Talkline: 800-246-7743 (Mon-Fri 3pm-11pm, Sat 11am-4pm)
- The Trevor Project: 866-488-7386

### WEBSITES

- Advocates for Youth [www.youthresource.com](http://www.youthresource.com)
- Ambiente Joven [www.ambientejoven.org](http://www.ambientejoven.org)
- Amplify Your Voice [www.amplifyyourvoice.org/issues/glbtrights](http://www.amplifyyourvoice.org/issues/glbtrights)
- Gay, Lesbian, and Straight Education Network [www.glsen.org](http://www.glsen.org)

## Chicago Health Clinics

- Peterson Family Health Center**  
 2655 W Peterson Ave (at Washtenaw Ave)  
**General Hours:** Mon-Fri 10am-5pm  
**Walk-In Hours:** Mon-Fri 10am-3pm  
**Phone:** 773-271-8880  
**Website:** <http://www.accesscommunityhealth.net/peterson>  
 Take Bus 84 to Peterson & Washtenaw Ave or Bus 93 to California & Peterson Ave.
  - Erie Teen Health Center** ☼  
 1945 W Wilson Ave (at N Winchester Ave)  
**General Hours:** Mon/Tues/Thurs/Fri 9am-6pm, Wed 10am-6pm  
**Walk-In Hours:** Wed 2pm-5pm  
**Phone:** 312-419-2400  
**Website:** [www.eriefamilyhealth.org/locations/erie-teen-health-center](http://www.eriefamilyhealth.org/locations/erie-teen-health-center)  
 Take Bus 50 to Damen & Wilson Ave or take the Brown Line to Damen. From the Damen Station, walk south on N Damen Ave towards W Wilson Ave. Turn left onto W Wilson Ave.
  - Broadway Youth Center**  
 3179 N Broadway St (at W Belmont Ave)  
**General Hours:** Mon-Thurs 1pm-8pm, Fri 1pm-9pm, Sat 1pm-4pm  
**Phone:** 773-935-3151  
**Website:** [www.howardbrown.org/byc](http://www.howardbrown.org/byc)  
 Walk-In Appointments Only  
 All Services Free  
 Take Bus 36 or Bus 77 to Broadway St & Belmont Ave, or take the Red, Brown, or Purple Express Lines to Belmont. From the Belmont Station, walk east on W Belmont Ave towards N Wilton Ave. Turn right onto N Broadway St.
  - Lakeview Specialty Clinic**  
 2861 N Clark St (at N Orchard St)  
**General Hours:** Mon/Wed/Fri 8am-4pm, Tues/Thurs 8am-6pm  
**Phone:** 312-744-5507  
 Walk-In Appointments Available  
 All Services Free  
 Take Bus 36 to Broadway Ave & Surf St, Bus 22 to Clark & Surf St, or the Brown or Purple Express Lines to Wellington. From the Wellington Station, walk east on W Wellington Ave towards N Mildred Ave. Turn right onto N Clark St.
  - American Women's Medical Center\***  
 2744 N Western Ave (at W Diversey Ave)  
**General Hours:** Mon/Wed/Sat 7:30am-2:30pm, Tues 7:30am-4pm, Fri 7:30am-6pm  
**Walk-In Hours:** Mon-Wed 7:30am-11am  
**Phone:** 773-772-7726  
**Website:** [www.americanwomensmedicalcenter.com](http://www.americanwomensmedicalcenter.com)  
 Take Bus 49 or Bus 76 to Western & Elston/Diversey Ave.
  - PCC Salud Family Health Center**  
 5359 W Fullerton Ave (at N Long Ave)  
**General Hours:** Mon-Thurs 8am-8pm, Fri 8am-4pm, Sat 9am-12pm  
**Phone:** 773-836-2785  
**Website:** <http://www.pccwellness.org/pages.asp?id=15>  
 Appointments Only  
 Take Bus 74 to Fullerton & Long Ave or Bus 85 to Central & Fullerton Ave.
  - Austin Family Health Center**  
 5835 W N Ave (at N Monitor Ave)  
**General Hours:** Mon-Fri 9am-5pm, Sat 9am-12pm  
**Phone:** 773-745-1200  
 Appointments Only  
 Take Bus 72 to N & Mayfield Ave, Bus 85 to Central & N Ave, or Bus 91 to Austin & N Ave.
  - West Town Adolescent Specialty Clinic** ☼  
 2418 W Division St (at N Western Ave)  
**General Hours:** Tues 9am-6pm, Fri 8am-4pm  
**Phone:** 312-742-4092  
 Walk-In Appointments Only  
 All Services Free  
 Take Bus 49 or Bus 70 to Western Ave & Division St.
  - Planned Parenthood/Chicago Area Austin Health Center\***  
 5937 W Chicago Ave (btw. N Austin Blvd & N Mayfield Ave)  
**General Hours:** Tues/Wed 8am-4pm, Thurs 11am-7pm, Fri/Sat 8am-2pm  
**Phone:** 773-287-2020  
**Website:** <http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2265>  
 Walk-In Appointments Available for Pregnancy Testing and Emergency Contraception, Appointments Preferred  
 Take Bus 91 to Austin Blvd & Chicago Ave, Bus 66 to Chicago & Mayfield Ave, or Bus 85 to Central & Chicago Ave.
  - PCC Lake Street Family Health Center**  
 14 W Lake St, Oak Park (btw. N Humphrey Ave & N Austin Blvd)  
**General Hours:** Mon/Tues/Thurs 8:30am-8pm, Friday 8:30am-4pm, Sat 9:30am-12pm  
**Phone:** 708-383-0113  
**Website:** <http://www.pccwellness.org/pages.asp?id=15>  
 Appointments Preferred
- Take the Green Line to Austin or Bus 91 to Austin Blvd & Lake St.
- PCC Austin Family Health Center**  
 5425 W Lake St (at N Lotus Ave)  
**General Hours:** Mon/Tues/Thurs 8am-8pm, Wed 9:30am-9pm, Fri 8:30am-4:30pm, Sat 9am-12:30pm  
**Phone:** 773-378-3347  
**Website:** <http://www.pccwellness.org/pages.asp?id=15>  
 Appointments Preferred  
 Take the Green Line to Central or Bus 85 to Central Ave & Corocan Pl. From the Central Station, walk east on Corocan Pl towards N Central Ave. Corocan Pl will turn into W Lake St.
  - PCC South Family Health Center**  
 6030 W Roosevelt Rd, Oak Park (at S Humphrey Ave)  
**General Hours:** Mon/Thurs 8am-8pm, Fri 8am-5pm, Sat 9am-12pm  
**Phone:** 708-386-0845  
**Website:** <http://www.pccwellness.org/pages.asp?id=15>  
 Appointments Only  
 Take the Blue Line to Austin. Walk south on S Lyman Ave towards Harvard St. Turn right on W Roosevelt Rd.
  - Lawndale Christian Health Center Homan Square**  
 3517 W Arthington St (btw. S Central Park & S Homan Ave)  
**General Hours:** Mon/Tues 8:45am-9pm, Wed-Fri 8:45am-5pm  
**Phone:** 773-843-3002  
**Website:** <http://www.lawndale.org/>  
 Appointments Only, Same Day Appointments Available  
 Take Bus 82 to Homan Ave & Arthington St, Bus 12 to Roosevelt Rd & Central Park Ave, or the Blue Line to Kedzie-Homan. From the Kedzie-Homan Station, walk south on S Kedzie Ave towards W Harrison St. Turn right onto W Arthington St.
  - Core Center**  
 2020 W Harrison St (at S Damen Ave)  
**General Hours:** Mon-Fri 8:30am-4pm  
**Walk-In Hours:** Mon-Fri 8am-3:30pm  
**Phone:** 312-572-4500  
**Website:** <http://www.corecenter.org/>  
 Take the Blue Line to Illinois Medical District. From the Illinois Medical District Station, walk southwest on W Ogden Ave towards W Congress Pkwy. Turn right onto W Harrison St.
  - Rush Adolescent Family Center** ☼  
 1645 W Jackson Blvd (at S Paulina St)  
**General Hours:** Mon-Fri 10am-5pm  
**Phone:** 312-942-2777  
**Website:** <http://www.rush.edu/nmc/page-1099918806196.html>  
 Walk-In Appointments Available for Pregnancy Testing and Emergency Contraception, Appointments Preferred  
 Take the Blue Line to Illinois Medical District. From the Illinois Medical District Station, walk northeast on W Ogden Ave towards W Van Buren St. Turn right onto W Jackson Blvd.
  - Grand Blvd Family Health Center**  
 5401 S Wentworth Ave (at W 54th St)  
**General Hours:** Mon-Fri 8am-5:30pm, Sat 9am-1pm  
**Phone:** 773-288-6900  
**Website:** <http://www.accesscommunityhealth.net/grandblvd>  
 Walk-In Appointments Available  
 Take the Red Line to Garfield. From the Garfield Station, turn left and walk east on Garfield St towards the Grand Boulevard Shopping Center. The clinic is located in the mall.
  - Planned Parenthood/Chicago Area Englewood Health Center\***  
 6059 S Ashland Ave (at W 61st St)  
**General Hours:** Mon-Wed 8am-4pm, Thurs 11am-7pm, Fri 8am-2pm  
**Phone:** 773-434-3700  
**Website:** <http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2264>  
 Appointments Preferred  
 Take Bus 9 to Ashland Ave & 61st St or the Green Line to Ashland/63rd St.
  - Friend Family Health Center Pulaski**  
 5635 S Pulaski Rd (at W 56th Pl)  
**General Hours:** Mon/Wed/Thurs/Fri 8am-5pm, Tues 9:30am-5pm  
**Phone:** 773-585-3900  
**Website:** <http://friendfhc.org>  
 Walk-In Appointments Available  
 Take Bus 53A to 57th St & Pulaski Rd or Bus 55 to 55th St & Pulaski Rd, or take Orange Line to Pulaski.
  - Friend Family Health Center Western**  
 5843 S Western Ave (btw. W 58th & 59th St)  
**General Hours:** Mon/Thurs/Fri 8am-5pm, Tues 9:30am-5pm, Wed 8am-8pm, Sat 8am-12pm  
**Phone:** 773-434-8600  
**Website:** <http://friendfhc.org>  
 Appointments Preferred  
 Take Bus 49 or Bus 59 to Western Ave & 59th St.
  - Planned Parenthood/Chicago Area Roseland\***  
 11250 S Halsted St (at W 113th St)  
**General Hours:** Mon-Wed 8am-4pm,

Thurs 11am-7pm, Fri 8am-2pm  
**Phone:** 773-468-1600  
**Website:** <http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2263>  
 Appointments Preferred  
 Take Bus 8a or Bus 108 to Halsted & 113th St or Bus 111 to Halsted & 115th St.

\*Unlike all other clinics, the clinics marked with an asterisk (\*) do not offer comprehensive health services. Instead, they offer primarily reproductive health services.  
 ☼ The health centers marked with a sun (☼) receive federal funding through Title X, meaning that a teenager

can get reproductive health services (including STI testing and methods of pregnancy prevention) for free or at a low cost. To find the nearest Title X health center to you, send a text message containing FINDPCLINIC and a ZIP code to 368674. The reply will provide the name, address, and telephone number of the nearest Title X health center.  
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