

Sexually Transmitted Infections & HIV Resources

HOTLINES

- Centers for Disease Control and Prevention Information Line: 800-CDC-INFO (24 Hours)
- LA County STD Program Hotline: 800-758-0880

WEBSITES

- The American Social Health Association www.iwannaknow.org, www.quierosaber.org
- Sex, Etc., A Website By Teens for Teens www.sexetc.org
- GYT, MTV's It's Your Sex Life www.itsyoursexlife.com/gyt
- Scarleteen, Sex Ed for the Real World www.scarleteen.com

Pregnancy Prevention Resources

WEBSITES

- Planned Parenthood Federation of America, Teenwire www.teenwire.com
- Teen Source www.teensource.org

- Bedsider Birth Control Method Explorer <http://bedsider.org/methods>

- The Emergency Contraception Website <http://ec.princeton.edu>

- Maria Talks www.mariatalks.com

Abusive Relationships Resources

HOTLINES

- Casa de Las Madres Teen Crisis Line: 877-923-0700
- Childhelp USA National Child Abuse Hotline: 800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 866-331-9474 (24 Hours)
- National Domestic Violence Hotline: 800-799-SAFE (24 Hours)
- Los Angeles Domestic Violence Hotline: 800-978-3600

WEBSITES

- Love is Respect www.loveisrespect.org
- The Teen Action Campaign www.seeitandstopit.org
- The Safe Space www.thesafespace.org

Rape & Sexual Assault Resources

HOTLINES

- National Sexual Assault Hotline: 800-656-HOPE, Option #1 (24 Hours)
- Women and Children Crisis Center: 562-945-3939

WEBSITES

- The Rape, Abuse, & Incest National Network www.rainn.org

- Coalition Against Rape www.teenpcar.com
- California Coalition Against Sexual Assault www.calcasa.org

Mental Health Resources

HOTLINES

- National Suicide Prevention Lifeline: 800-273-TALK or 888-628-9454 for Spanish (24 Hours)
- California Youth Crisis Line: 800-843-5200
- The Mental Health Association of NYC: 800-LIFENET or 800-AYUDESE (24 Hours)

WEBSITES

- Teen Mental Health www.teenmentalhealth.org
- Mind Your Mind mindyourmind.ca
- Cope Care Deal www.copecaredeal.org
- Voices of Education www.save.org

General Health Resources

HOTLINES

- Boys Town National Hotline: 800-448-3000 (24 Hours)

WEBSITES

- Go Ask Alice! www.goaskalice.columbia.edu
- TeensHealth www.teenshealth.org
- We Are Talking www.pamf.org/teen
- Center for Young Women's Health www.youngwomenshealth.org
- Young Men's Health www.youngmenshealth.org

Legal Resources

HOTLINES

- Los Angeles Center for Law and Justice Teen/LA Project: 323-980-3500

WEBSITES

- Teen Health Rights www.teenhealthlaw.org
- American Civil Liberties Union of Southern California www.aclu.org/affiliate/california-southern

Nutrition & Physical Activity Resources

WEBSITES

- Choose My Plate www.choosemyplate.gov
- TeensHealth, Your Mind http://kidshealth.org/teen/your_mind

Eating Disorders Resources

HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 630-577-1330

WEBSITES

- Center for Young Women's Health www.youngwomenshealth.org
- National Eating Disorders Association www.nationaleatingdisorders.org

Tobacco Resources

HOTLINES

- National Cancer Institute Smoking Helpline: 877-44-UQUIT
- California Smokers' Quitline: 800-NO-BUTTS

WEBSITES

- ASPIRE www2.mdanderson.org/depts/aspire/site.html

- Teen Quit www.teenquit.com
- How Can I Quit Smoking? http://kidshealth.org/teen/drug_alcohol/tobacco/quit_smoking.html#
- Smokefree.gov <http://smokefree.gov>

Alcohol Resources

HOTLINES

- National Drug and Alcohol Treatment Referral Routing Service: 800-662-HELP
- National Alcoholism and Substance Abuse Information Center: 800-784-6776
- Alcoholics Anonymous Los Angeles: 800-923-8722

WEBSITES

- TeensHealth, Drugs & Alcohol www.teenshealth.org/teen/drug_alcohol
- The Cool Spot www.thecoolspot.gov
- Al-Anon/Alateen www.alateen.org

Drug Resources

HOTLINES

- Substance Abuse and Mental Health Services Administration: 800-662-HELP (24 Hours)
- Covenant House 9-line: 800-999-9999 (Mon-Sun 2pm-12am)

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- National Institute on Drug Abuse for Teens www.teens.drugabuse.gov
- Free Vibe www.abovetheinfluence.com

Gay, Lesbian, Bisexual, and Transgender (GLBT) Resources

HOTLINES

- GLBT National Hotline: 888-843-4564 (Mon-Fri 1pm-9pm, Sat 9am-2pm)
- GLBT National Youth Talkline: 800-246-7743 (Mon-Fri 1pm-9pm, Sat 9am-2pm)
- The Trevor Project: 866-488-7386

WEBSITES

- Advocates for Youth www.youthresource.com
- Ambiente Joven www.ambientejoven.org
- Amplify Your Voice www.amplifyyourvoice.org/issues/glbtrights
- Gay, Lesbian, and Straight Education Network www.glsen.org
- Los Angeles Gay and Lesbian Center www.lagaycenter.org

