

Sexually Transmitted Infections & HIV Resources

HOTLINES

- Centers for Disease Control and Prevention Information Line: 1-800-CDC-INFO (24 Hours)
- NYC Department of Health AIDS Helpline: 1-800-TALK-HIV (24 Hours)

WEBSITES

- The American Social Health Association www.iwannaknow.org, www.quierosaber.org
- Sex, Etc., A Website By Teens for Teens www.sexetc.org
- Sexuality and U http://sexualityandu.ca/teens
- GYT, MTV's It's Your Sex Life www.GYT09.org

Contraception Resources

HOTLINES

- Sexual Health Helpline: 1-877-MA-SEX-ED or 1-877-627-3933

WEBSITES

- Planned Parenthood Federation of America, Teenwire www.teenwire.com
- Teen Source www.teensource.org
- Choosing a Birth Control Method www.arhp.org/crc/compare-methods.html
- The Emergency Contraception Website www.not-2-late.com

Abusive Relationships Resources

HOTLINES

- Childhelp USA National Child Abuse Hotline: 1-800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 1-866-331-9474 (24 Hours)
- NY State Domestic Violence and Sexual Violence Hotline: 1-800-942-6906 (24 Hours)

WEBSITES

- Love is Respect www.loveisrespect.org
- The Teen Action Campaign www.seeitandstopit.com
- The Safe Space www.thesafespace.org

Rape & Sexual Assault Resources

HOTLINES

- National Sexual Assault Hotline: 1-800-656-HOPE Option #1 (24 Hours)
- Dove Teen Violence Dating Program: 617-471-1234 (24 Hours)
- NY State Domestic Violence and Sexual Violence Hotline: 1-800-942-6906 (24 Hours)
- Safe Horizon NYC Domestic Violence Hotline: 1-800-621-HOPE (24 Hours)

WEBSITES

- The Rape, Abuse, & Incest National Network www.rainn.org
- Coalition Against Rape www.teenpcar.com
- Men Speak Up www.menspeakup.org
- Safe Horizon www.safehorizon.org

Mental Health Resources

HOTLINES

- The National Hopeline Network: 1-800-SUICIDE or 1-800-442-HOPE
- The Mental Health Association of NYC: 1-800-LIFENET or 1-800-AYUDESE (24 Hours)

WEBSITES

- TeensHealth, Your Mind www.kidshealth.org/teen/your_mind
- Cope Care Deal www.copecaredeal.org

General Health Resources

HOTLINES

- The Girls and Boys Town National Hotline: 1-800-448-3000 (24 Hours)
- DYCD Youth Connect: 1-800-246-4646

WEBSITES

- Go Ask Alice! www.goaskalice.columbia.edu
- TeensHealth www.teenshealth.org
- We're Talking www.pamf.org/teen
- Center for Young Women's Health www.youngwomenshealth.org
- Young Men's Health www.youngmenshealth.org

Legal Resources

HOTLINES

- NYCLU Teen Health Initiative: 212-607-3341

WEBSITES

- NYCLU Teen Health Initiative www.thi.nyclu.org

Nutrition & Eating Disorders Resources

HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 1-800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 847-831-3438

WEBSITES

- Center for Young Women's Health www.youngwomenshealth.org
- National Eating Disorders Association www.nationaleatingdisorders.org
- My Pyramid www.mypyramid.gov

Tobacco Resources

HOTLINES

- American Lung Association HelpLine: 1-866-727-5252
- New York State Smokers Quit Line: 1-866-NY-QUITS

WEBSITES

- ASPIRE www2.mdanderson.org/depts/aspire/site.html
- Teen Quit www.teenquit.com
- Reality Check NY www.realitycheckny.org

Alcohol Resources

HOTLINES

- National Drug and Alcohol Treatment Hotline: 1-800-662-HELP
- Alateen Intergroup NYC Office: 212-941-0094

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- The Cool Spot www.thecoolspot.gov
- Al-Anon/Alateen www.alateen.org

Drug Resources

HOTLINES

- Substance Abuse and Mental Health Services Administration: 1-800-662-HELP
- Covenant House 9-line: 1-800-999-9999

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- National Institute on Drug Abuse for Teens www.teens.drugabuse.gov
- Free Vibe www.freevibe.com

LGBTQ Resources

HOTLINES

- Gay and Lesbian National Hotline: 1-888-843-4564
- GLBT National Youth Talkline: 1-800-246-7743
- The Trevor Project: 1-866-488-7386
- NYC Gay and Lesbian Anti-Violence Project: 212-714-1141 (24 Hours)

WEBSITES

- Advocates for Youth www.youthresource.com
- Ambiente Joven www.ambientejoven.org

Manhattan Health Clinics

1. Family Planning Clinic/Young Men's Clinic

21 Audubon Ave. (at 166th St.)
General Hours: Mon-Fri 8am-10am
Young Men's Clinic Hours: Mon 4pm, Fri 8am & 12pm
Phone: 212-342-3232
Website www.youngmensclinic.org
 Walk-In Appointments Only
 Take the 1, A, or C trains to 168th St.

2. Community League Health Center

1996 Amsterdam Ave. (at 159th St.)
General Hours: Mon 9:30am-5pm, Tues 8:30am-4:30pm, Wed 10:30am-6:15pm, Thurs/Fri 8:30am-4:30pm
Phone: 212-781-7979
Website www.chnyc.org/locations/cl
 Walk-In Appointments Available, Appointments Preferred
 Take the 1 train to 157th St.

3. NYC Department of Health STD Clinic, Central Harlem

2238 5th Ave., 3rd Floor (at West 137th St.)
General Hours: Mon-Fri 8:30am-4pm, Sat 8:30am-1pm
Phone: 212-690-1760
 Walk-In Appointments Only
 Take the 2 or 3 train to 135th St.

4. The Children's Aid Society/Milbank Teen Clinic

14-32 West 118th St. (btw. Lenox & 5th Ave.)
General Hours: Mon-Fri 9am-5pm
Teen Hours: Tues/Thurs 3pm-8pm
Phone: 212-996-1716
Website www.nyteenclinic.com
 Walk-In Appointments Available
 Take the 2 or 3 train to 116th St.

5. La Clinica Del Barrio

413 East 120th St. (at 1st Ave.)
General Hours: Mon-Fri 8am-5:30pm, Sat 8am-11am
Registration Hours: Mon-Thurs 8am-11am
Phone: 212-410-7940
 Walk-In Appointments Available (If Registered)
 Take the 6 train to 116th St. or the 4, 5, or 6 train to 125th St.

6. Helen B. Atkinson Health Center/Teens P.A.C.T.

81 West 115th St. (btw. Lenox & 5th Ave.)
General Hours: Mon/Tues/Thurs 9am-5pm, Wed 10am-6pm, Fri 9am-5pm, Sat 9am-4pm
P.A.C.T. Hours: Wed 2pm-6pm
Phone: 212-426-0088
Website www.chnyc.org/services/pact
 Walk-In Appointments Available
 Take the 2 or 3 train to 116th St.

7. NYC Department of Health STD Clinic, Riverside

160 West 100th St., 2nd Floor (at Amsterdam Ave.)
General Hours: Mon-Fri 8:30am-4pm
Phone: 212-865-7757
 Walk-In Appointments Only
 Take the 1, 2, 3, B, or C train to 96th St.

8. William F. Ryan Community Health Center/Adolescent Clinic

110 West 97th St. (at Columbus Ave.)
General Hours: Mon/Thurs 8:30am-7pm, Tues/Wed/Fri 8:30am-4:30pm, Sat 9:30am-1pm
"Teen Night" Hours: Thurs 3pm-7pm
Phone: 212-749-1820
Website www.ryancenter.org/rc_home.htm
 Walk-In Appointments Available
 Take the 1, 2, 3, B, or C train to 96th St.

9. Mount Sinai Adolescent Health Center

312 East 94th St. (at 2nd Ave.)
General Hours: Mon/Tues/Wed/Fri 8am-5pm, Thurs 12pm-6pm, Sat 8am-5pm
Phone: 212-423-3000
 Walk-In Appointments Available, Appointments Preferred
 Take the 6 train to 96th St.

10. Ryan Center/Chelsea-Clinton Community Health Center

645 10th Ave. (at 45th St.)
General Hours: Mon/Tues/Thurs 8:30am-7pm, Wed/Fri 8:30am-4:30pm
Teen Hours: Thurs 3pm-7pm
Phone: 212-265-4500
Website www.ryancenter.org/cc_home.htm
 Take the A, C, or E train to 42nd St.

11. NYC Department of Health STD Clinic, Chelsea

303 9th Ave. (at West 28th St.)
General Hours: Mon-Fri 8:30am-4pm, Sat 8:30am-12pm
Phone: 212-239-1721
 Walk-In Appointments Only
 Take the 1 train to 28th St. or the C or E train to 23rd St.

12. Callen-Lorde Community Health Center/Health Outreach to Teens (H.O.T.T.)

356 West 18th St. (at 8th Ave.)
General Hours: Mon-Wed 8:30am-8pm, Thurs/Fri 8:30am-4pm, Sat 9am-12:30pm
H.O.T.T. Hours: Mon/Fri 10am-5pm, Tues 10am-7pm, Wed 10am-5pm & 6:30pm-7pm, Thurs 10am-4:30pm
Phone: 212-271-7212
Website www.callen-lorde.org/services/hott.html
 Appointment Only
 Take the 1 train to 28th St. or the C or E train to 23rd St.

13. Ryan-Nena Community Health Center

279 East 3rd St. (btw. C & D Ave.)
General Hours: Mon 8:30am-7pm, Tues-Fri 8:30am-4:30pm
Phone: 212-477-8500
Website www.ryancenter.org/cc_home.htm
 Walk-In Appointments Available
 Take the F or V train to 2nd Ave. or the J, M, or Z train to Essex St.

14. Planned Parenthood, The Margaret Sanger Center

26 Bleecker St. (at Mott St.)
General Hours: Mon/Tues 8am-4:30pm, Wed-Fri 8am-6pm, Sat 7:30am-4pm
Phone: 212-965-7000
Website www.plannedparenthood.org/nyc
 Walk-In Appointments Available, Appointments Preferred
 Take the 6 train to Bleecker St. or the B, D, F, or V train to Broadway/Lafayette or the N or R train to Prince St.

15. The Door

555 Broome St. (btw. Varick St. & Avenue of the Americas)
General Hours (by Appointment Only): Mon/Wed 12pm-7:15pm, Tues 2pm-7:15pm, Thurs 12pm-6:45pm, Fri 11am-6:45pm
HIV and Pregnancy Testing Hours (Walk-ins Only): Mon/Wed/Thurs 12pm-6pm, Tues 2pm-6pm, Fri 11am-6pm
Phone: 212-453-0222
Website www.door.org
 Take the C or E train to Spring St., the A, C or E train to Canal St., or the 1 train to Canal St.

16. The Charles B. Wang Community Health Center

125 Walker St. (at Baxter St.)
General Hours: Mon/Tues/Thurs/Fri 8:30am-7pm, Wed 9:30am-7pm, Sat/Sun 8:30am-6pm
Teen Resource Center Hours: Mon-Fri 3pm-7pm, Sat/Sun 2pm-6pm
Phone: 212-226-3888
Website www.cbwchc.org
 Walk-In Appointments Available
 Take the 6, N, Q, R, or W train to Canal St.

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