

Sexually Transmitted Infections & HIV Resources

HOTLINES

- Centers for Disease Control and Prevention Information Line: 1-800-CDC-INFO (24 Hours)

WEBSITES

- The American Social Health Association www.iwannaknow.org, www.quierosaber.org
- Sex, Etc., A Website By Teens for Teens www.sexetc.org
- Sexuality and U <http://sexualityandu.ca/teens>
- GYT, MTV's It's Your Sex Life www.GYT09.org

TEXT MESSAGE SERVICES

- Sex Info SF: 61827 (MetroPCS Users: 917-957-4280)

Contraception Resources

HOTLINES

- Sexual Health Helpline: 1-877-MA-SEX-ED or 1-877-627-3933

WEBSITES

- Planned Parenthood Federation of America, Teenwire www.teenwire.com
- Teen Source www.teensource.org
- Choosing a Birth Control Method www.arhp.org/crc/compare-methods.html
- The Emergency Contraception Website www.not-2-late.com

Abusive Relationships Resources

HOTLINES

- Childhelp USA National Child Abuse Hotline: 1-800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 1-866-331-9474 (24 Hours)
- Casa de las Madres Teen Crisis Line: 1-877-923-0700

WEBSITES

- Love is Respect www.loveisrespect.org
- The Teen Action Campaign www.seeitandstopit.com
- The Safe Space www.thesafespace.org

Rape & Sexual Assault Resources

HOTLINES

- National Sexual Assault Hotline: 1-800-656-HOPE Option #1 (24 Hours)
- Dove Teen Violence Dating Program: 617-471-1234 (24 Hours)

WEBSITES

- The Rape, Abuse, & Incest National Network www.rainn.org
- Coalition Against Rape www.teenpcar.com
- Men Speak Up www.menspeakup.org
- California Coalition Against Sexual Assault www.calcasa.org

Mental Health Resources

HOTLINES

- The National Hopeline Network: 1-800-SUICIDE or 1-800-442-HOPE

WEBSITES

- TeensHealth, Your Mind www.kidshealth.org/teen/your_mind
- Cope Care Deal www.copecaredeal.org

General Health Resources

HOTLINES

- The Girls and Boys Town National Hotline: 1-800-448-3000 (24 hours)
- DYCD Youth Connect: 1-800-246-4646
- SF Youthline: 1-877-977-3399

WEBSITES

- Go Ask Alice! www.goaskalice.columbia.edu
- TeensHealth www.teenshealth.org
- We're Talking www.pamf.org/teen
- Center for Young Women's Health www.youngwomenshealth.org
- Young Men's Health www.youngmenshealth.org

Legal Resources

HOTLINES

- Legal Services For Children: 415-863-3762

WEBSITES

- Teen Health Rights www.teenhealthrights.org
- ACLU of Northern California www.aclunc.org/youth
- Legal Services For Children www.lsc-sf.org

Nutrition & Eating Disorders Resources

HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 1-800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 847-831-3438

WEBSITES

- Center for Young Women's Health www.youngwomenshealth.org
- National Eating Disorders Association www.nationaleatingdisorders.org
- My Pyramid www.mypyramid.gov

Tobacco Resources

HOTLINES

- American Lung Association HelpLine: 1-866-727-5252
- California Smokers' Quitline: 1-800-NO-BUTTS

WEBSITES

- ASPIRE www2.mdanderson.org/depts/aspire/site.html
- Teen Quit www.teenquit.com

Alcohol Resources

HOTLINES

- National Drug and Alcohol Treatment Hotline: 1-800-662-HELP

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- The Cool Spot www.thecoolspot.gov
- Al-Anon/Alateen www.alateen.org

Drug Resources

HOTLINES

- Substance Abuse and Mental Health Services Administration: 1-800-662-HELP
- Covenant House 9-line: 1-800-999-9999

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- National Institute on Drug Abuse for Teens www.teens.drugabuse.gov
- Free Vibe www.freevibe.com

LGBTQ Resources

HOTLINES

- Gay and Lesbian National Hotline: 1-888-843-4564
- GLBT National Youth Talkline: 1-800-246-7743
- The Trevor Project: 1-866-488-7386

WEBSITES

- Advocates for Youth www.youthresource.com
- Ambiente Joven www.ambientejoven.org

San Francisco Health Clinics

1. Chinatown Public Health Center

1490 Mason St. (at Broadway St.)
General Hours: Mon/Fri 8am-12pm & 1pm-5pm, 1st & 3rd Tues 2pm-7pm, 4th Tues 5pm-7pm, Wed/Thurs 1pm-5pm
Phone: 415-364-7600
 Take Muni 9X, 12, 30, 41, 45

2. Larkin Street Youth Clinic

1138 Sutter St. (btw. Polk & Larkin St.)
General Hours: Mon/Wed/Thurs/Fri 9:30am-1pm & 2pm-5pm, Tues 11am-1pm & 2pm-5pm
Phone: 415-673-0911
 Walk-In Appointments Available
 Take Muni 2, 3, 4, 19, 27, 38, 47, 49, 90

3. Planned Parenthood San Francisco Health Center*

815 Eddy St. (at Van Ness St.)
General Hours: Mon/Thurs/Fri 9am-4pm, Tues 7:30am-4pm, Wed 9am-6pm, Sat 8am-2pm
Emergency Contraception Drop-In Hours: Mon/Tues/Thurs/Fri 9am-3:30pm, Wed 11am-5:30pm, Sat 8am-12pm
Phone: 1-800-967-7526
Website: www.pppg.org
 Take Muni 2, 3, 4, 5, 16AX, 19, 31, 38, 47, 49, 90

4. Women's Community Clinic*

2166 Hayes St., Suite 104 (btw. Shrader & Cole St.)
General Hours: Mon-Thurs 5pm-9pm, Fri 11:45am-3:30pm, 1st & 3rd Sat 9am-1pm
Drop-In Hours: Tues 9:30am until full
Phone: 415-379-7800
Website: www.womenscommunityclinic.org
 Take Muni 5, 7, 21, 33

5. Cole Street Youth Clinic

555 Cole St. (at Haight St.)
General Hours: Mon/Tues/Fri 9:30am-5pm, Wed 2pm-5pm, Thurs 9:30am-6pm
Drop-In Hours: Thurs 2pm-6pm
HIV Testing: Tues/Thurs 2pm-4pm
Phone: 415-751-8181
 Walk-In Appointments Available
 Take Muni 7, 33, 37, 43, 66, 71

6. Dimensions Clinic

Health Services for Queer, Transgender, and Questioning Youth
 Castro-Mission Health Center
 3850 17th St. (btw. Noe & Sanchez St.)

General Hours: Thurs 5pm-8pm, Sat 12pm-3pm
Phone: 415-934-7789
Website: www.dimensionsclinic.org
 Walk-In Appointments Available
 Take BART to 16th Street Mission or Muni F, J, K, L, M, S, T, 22, 24, 33, 35, 37

7. Mission Neighborhood Health Center Teen Clinic

240 Shotwell St. (at 16th St.)
General Hours: Mon/Thurs 1:45pm-5:15pm
Drop-In Hours (at Primary Care Clinic): Mon/Tues/Thurs/Fri 8:30am-5:15pm, Wed 10:30am-5pm
Phone: 415-552-3870 ext. 366
 Appointments Preferred
 Take BART to 16th Street Mission or Muni 12, 14, 22, 33, 49, 53

8. New Generation Health Center*

625 Potrero Ave. (btw. 18th & 19th St.)
General Hours: Mon 9am-4pm, Tues 10:30am-5:30pm, Wed/Fri 9am-4:30pm, Thurs 9am-3:45pm
Male Clinic Hours: Wed 9am-4:15pm
Pregnancy Testing & Emergency Contraception Drop-In Hours: Wed/Fri 9am-4:30pm
Phone: 415-502-8336
 Take Muni 9, 27, 33, 90

9. UCSF Valencia Health Services

1647 Valencia St. (at Cesar Chavez St.)
General Hours: Mon/Thurs/Fri 8:30am-12:30pm & 1:30pm-5:30pm, Wed 8:30am-12:30pm
Phone: 415-647-3666
 Take Muni 14, 26, 27, 49, 67

10. Third Street Youth Center & Clinic

5190 3rd St. (at Thornton St.)
General Hours: Tues-Thurs & Every Other Fri 1pm-5pm
HIV Rapid Testing: Mon-Fri 1pm-5pm
Phone: 415-822-1707
 Walk-In Appointments Available
 Take Muni T, 29, 44

11. Hawkins Youth Clinic

1099 Sunnydale Ave., 3rd Floor (at Rey St.)
General Hours: Tues/Wed 1pm-5pm
Phone: 415-585-2451
 Walk-In Appointments Available
 Take Muni 9, 9X, 56

12. Balboa Teen Health Center

1000 Cayuga Ave., Rm. 156 (at Onondaga Ave.)
General Hours: Mon/Tues/Thurs/Fri 3pm-5pm, Wed 1pm-5pm
Phone: 415-469-4512
 Walk-In Appointments Available
 Take BART to Glen Park or Muni F, J, 26

13. Hip Hop To Health Clinic

Lt. Bookman Community Center
 446 Randolph St. (at Arch St.)
General Hours: Mon/Thurs 1pm-5pm
Phone: 415-337-4719
 Walk-In Appointments Available
 Take Muni M, 29, 54

*All listed centers offer comprehensive health services, with the exception of New Generation, Planned Parenthood, and Women's Community Clinic (which primarily offer reproductive health services).

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