

## Sexually Transmitted Infections & HIV Resources

### HOTLINES

- Centers for Disease Control and Prevention Information Line: 1-800-CDC-INFO (24 Hours)

### WEBSITES

- The American Social Health Association [www.iwannaknow.org](http://www.iwannaknow.org), [www.quierosaber.org](http://www.quierosaber.org)
- Sex, Etc., A Website By Teens for Teens [www.sexetc.org](http://www.sexetc.org)
- Sexuality and U <http://sexualityandu.ca/teens>
- GYT, MTV's It's Your Sex Life [www.GYT09.org](http://www.GYT09.org)

### TEXT MESSAGE SERVICES

- Sex Info SF: 61827 (MetroPCS Users: 917-957-4280)

## Contraception Resources

### HOTLINES

- Sexual Health Helpline: 1-877-MA-SEX-ED or 1-877-627-3933

### WEBSITES

- Planned Parenthood Federation of America, Teenwire [www.teenwire.com](http://www.teenwire.com)
- Teen Source [www.teensource.org](http://www.teensource.org)
- Choosing a Birth Control Method [www.arhp.org/crc/compare-methods.html](http://www.arhp.org/crc/compare-methods.html)
- The Emergency Contraception Website [www.not-2-late.com](http://www.not-2-late.com)

## Abusive Relationships Resources

### HOTLINES

- Childhelp USA National Child Abuse Hotline: 1-800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 1-866-331-9474 (24 Hours)
- Casa de las Madres Teen Crisis Line: 1-877-923-0700

### WEBSITES

- Love is Respect [www.loveisrespect.org](http://www.loveisrespect.org)
- The Teen Action Campaign [www.seeitandstopit.com](http://www.seeitandstopit.com)
- The Safe Space [www.thesafespace.org](http://www.thesafespace.org)

## Rape & Sexual Assault Resources

### HOTLINES

- National Sexual Assault Hotline: 1-800-656-HOPE Option #1 (24 Hours)
- Dove Teen Violence Dating Program: 617-471-1234 (24 Hours)

### WEBSITES

- The Rape, Abuse, & Incest National Network [www.rainn.org](http://www.rainn.org)
- Coalition Against Rape [www.teenpcar.com](http://www.teenpcar.com)
- Men Speak Up [www.menspeakup.org](http://www.menspeakup.org)
- California Coalition Against Sexual Assault [www.calcasa.org](http://www.calcasa.org)

## Mental Health Resources

### HOTLINES

- The National Hopeline Network: 1-800-SUICIDE or 1-800-442-HOPE

### WEBSITES

- TeensHealth, Your Mind [www.kidshealth.org/teen/your\\_mind](http://www.kidshealth.org/teen/your_mind)
- Cope Care Deal [www.copecaredeal.org](http://www.copecaredeal.org)

## General Health Resources

### HOTLINES

- The Girls and Boys Town National Hotline: 1-800-448-3000 (24 hours)
- DYCD Youth Connect: 1-800-246-4646
- SF Youthline: 1-877-977-3399

### WEBSITES

- Go Ask Alice! [www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)
- TeensHealth [www.teenshealth.org](http://www.teenshealth.org)
- We're Talking [www.pamf.org/teen](http://www.pamf.org/teen)
- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- Young Men's Health [www.youngmenshealth.org](http://www.youngmenshealth.org)

## Legal Resources

### HOTLINES

- Legal Services For Children: 415-863-3762

### WEBSITES

- Teen Health Rights [www.teenhealthrights.org](http://www.teenhealthrights.org)
- ACLU of Northern California [www.aclunc.org/youth](http://www.aclunc.org/youth)
- Legal Services For Children [www.lsc-sf.org](http://www.lsc-sf.org)

## Nutrition & Eating Disorders Resources

### HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 1-800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 847-831-3438

### WEBSITES

- Center for Young Women's Health [www.youngwomenshealth.org](http://www.youngwomenshealth.org)
- National Eating Disorders Association [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
- My Pyramid [www.mypyramid.gov](http://www.mypyramid.gov)

## Tobacco Resources

### HOTLINES

- American Lung Association HelpLine: 1-866-727-5252
- California Smokers' Quitline: 1-800-NO-BUTTS

### WEBSITES

- ASPIRE [www2.mdanderson.org/depts/aspire/site.html](http://www2.mdanderson.org/depts/aspire/site.html)
- Teen Quit [www.teenquit.com](http://www.teenquit.com)

## Alcohol Resources

### HOTLINES

- National Drug and Alcohol Treatment Hotline: 1-800-662-HELP

### WEBSITES

- Partnership for a Drug-Free America [www.checkyourself.org](http://www.checkyourself.org)
- The Cool Spot [www.thecoolspot.gov](http://www.thecoolspot.gov)
- Al-Anon/Alateen [www.alateen.org](http://www.alateen.org)

## Drug Resources

### HOTLINES

- Substance Abuse and Mental Health Services Administration: 1-800-662-HELP
- Covenant House 9-line: 1-800-999-9999

### WEBSITES

- Partnership for a Drug-Free America [www.checkyourself.org](http://www.checkyourself.org)
- National Institute on Drug Abuse for Teens [www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)
- Free Vibe [www.freevibe.com](http://www.freevibe.com)

## LGBTQ Resources

### HOTLINES

- Gay and Lesbian National Hotline: 1-888-843-4564
- GLBT National Youth Talkline: 1-800-246-7743
- The Trevor Project: 1-866-488-7386

### WEBSITES

- Advocates for Youth [www.youthresource.com](http://www.youthresource.com)
- Ambiente Joven [www.ambientejoven.org](http://www.ambientejoven.org)

## San Francisco Health Clinics

### 1. Chinatown Public Health Center

1490 Mason St. (at Broadway St.)  
**General Hours:** Mon/Fri 8am-12pm & 1pm-5pm, 1st & 3rd Tues 2pm-7pm, 4th Tues 5pm-7pm, Wed/Thurs 1pm-5pm  
**Phone:** 415-364-7600  
 Take Muni 9X, 12, 30, 41, 45

### 2. Larkin Street Youth Clinic

1138 Sutter St. (btw. Polk & Larkin St.)  
**General Hours:** Mon/Wed/Thurs/Fri 9:30am-1pm & 2pm-5pm, Tues 11am-1pm & 2pm-5pm  
**Phone:** 415-673-0911  
 Walk-In Appointments Available  
 Take Muni 2, 3, 4, 19, 27, 38, 47, 49, 90

### 3. Planned Parenthood San Francisco Health Center\*

815 Eddy St. (at Van Ness St.)  
**General Hours:** Mon/Thurs/Fri 9am-4pm, Tues 7:30am-4pm, Wed 9am-6pm, Sat 8am-2pm  
**Emergency Contraception Drop-In Hours:** Mon/Tues/Thurs/Fri 9am-3:30pm, Wed 11am-5:30pm, Sat 8am-12pm  
**Phone:** 1-800-967-7526  
**Website:** [www.pppg.org](http://www.pppg.org)  
 Take Muni 2, 3, 4, 5, 16AX, 19, 31, 38, 47, 49, 90

### 4. Women's Community Clinic\*

2166 Hayes St., Suite 104 (btw. Shrader & Cole St.)  
**General Hours:** Mon-Thurs 5pm-9pm, Fri 11:45am-3:30pm, 1st & 3rd Sat 9am-1pm  
**Drop-In Hours:** Tues 9:30am until full  
**Phone:** 415-379-7800  
**Website:** [www.womenscommunityclinic.org](http://www.womenscommunityclinic.org)  
 Take Muni 5, 7, 21, 33

### 5. Cole Street Youth Clinic

555 Cole St. (at Haight St.)  
**General Hours:** Mon/Tues/Fri 9:30am-5pm, Wed 2pm-5pm, Thurs 9:30am-6pm  
**Drop-In Hours:** Thurs 2pm-6pm  
**HIV Testing:** Tues/Thurs 2pm-4pm  
**Phone:** 415-751-8181  
 Walk-In Appointments Available  
 Take Muni 7, 33, 37, 43, 66, 71

### 6. Dimensions Clinic

Health Services for Queer, Transgender, and Questioning Youth  
 Castro-Mission Health Center  
 3850 17th St. (btw. Noe & Sanchez St.)

**General Hours:** Thurs 5pm-8pm, Sat 12pm-3pm  
**Phone:** 415-934-7789  
**Website:** [www.dimensionsclinic.org](http://www.dimensionsclinic.org)  
 Walk-In Appointments Available  
 Take BART to 16th Street Mission or Muni F, J, K, L, M, S, T, 22, 24, 33, 35, 37

### 7. Mission Neighborhood Health Center Teen Clinic

240 Shotwell St. (at 16th St.)  
**General Hours:** Mon/Thurs 1:45pm-5:15pm  
**Drop-In Hours (at Primary Care Clinic):** Mon/Tues/Thurs/Fri 8:30am-5:15pm, Wed 10:30am-5pm  
**Phone:** 415-552-3870 ext. 366  
 Appointments Preferred  
 Take BART to 16th Street Mission or Muni 12, 14, 22, 33, 49, 53

### 8. New Generation Health Center\*

625 Potrero Ave. (btw. 18th & 19th St.)  
**General Hours:** Mon 9am-4pm, Tues 10:30am-5:30pm, Wed/Fri 9am-4:30pm, Thurs 9am-3:45pm  
**Male Clinic Hours:** Wed 9am-4:15pm  
**Pregnancy Testing & Emergency Contraception Drop-In Hours:** Wed/Fri 9am-4:30pm  
**Phone:** 415-502-8336  
 Take Muni 9, 27, 33, 90

### 9. UCSF Valencia Health Services

1647 Valencia St. (at Cesar Chavez St.)  
**General Hours:** Mon-Tues/Thurs/Fri 8:30am-12:30pm & 1:30pm-5:30pm, Wed 8:30am-12:30pm  
**Phone:** 415-647-3666  
 Take Muni 14, 26, 27, 49, 67

### 10. Third Street Youth Center & Clinic

5190 3rd St. (at Thornton St.)  
**General Hours:** Tues-Thurs & Every Other Fri 1pm-5pm  
**HIV Rapid Testing:** Mon-Fri 1pm-5pm  
**Phone:** 415-822-1707  
 Walk-In Appointments Available  
 Take Muni T, 29, 44

### 11. Hawkins Youth Clinic

1099 Sunnydale Ave., 3rd Floor (at Rey St.)  
**General Hours:** Tues/Wed 1pm-5pm  
**Phone:** 415-585-2451  
 Walk-In Appointments Available  
 Take Muni 9, 9X, 56

### 12. Balboa Teen Health Center

1000 Cayuga Ave., Rm. 156 (at Onondaga Ave.)  
**General Hours:** Mon/Tues/Thurs/Fri 3pm-5pm, Wed 1pm-5pm  
**Phone:** 415-469-4512  
 Walk-In Appointments Available  
 Take BART to Glen Park or Muni F, J, 26

### 13. Hip Hop To Health Clinic

Lt. Bookman Community Center  
 446 Randolph St. (at Arch St.)  
**General Hours:** Mon/Thurs 1pm-5pm  
**Phone:** 415-337-4719  
 Walk-In Appointments Available  
 Take Muni M, 29, 54

\*All listed centers offer comprehensive health services, with the exception of New Generation, Planned Parenthood, and Women's Community Clinic (which primarily offer reproductive health services).

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