

Sexually Transmitted Infections & HIV Resources

HOTLINES

- Centers for Disease Control and Prevention Information Line: 800-CDC-INFO (24 Hours)

WEBSITES

- The American Social Health Association www.iwannaknow.org, www.quierosaber.org
- Sex, Etc., A Website By Teens for Teens www.sexetc.org
- GYT, MTV's It's Your Sex Life www.itsyoursexlife.com/gyt
- Scarleteen, Sex Ed for the Real World www.scarleteen.com

Pregnancy Prevention Resources

WEBSITES

- Planned Parenthood Federation of America, Teenwire www.teenwire.com
- Teen Source www.teensource.org
- Bedsider Birth Control Method Explorer <http://bedsider.org/methods>
- The Emergency Contraception Website <http://ec.princeton.edu>
- Maria Talks www.mariatalks.com

Abusive Relationships Resources

HOTLINES

- Casa de Las Madres Teen Crisis Line: 877-923-0700
- Childhelp USA National Child Abuse Hotline: 800-422-4453 (24 Hours)
- National Teen Dating Abuse Helpline: 866-331-9474 (24 Hours)
- National Domestic Violence Hotline: 800-799-SAFE (24 Hours)

WEBSITES

- Love is Respect www.loveisrespect.org
- The Teen Action Campaign www.seeitandstopit.org
- The Safe Space www.thesafespace.org

Rape & Sexual Assault Resources

HOTLINES

- National Sexual Assault Hotline: 800-656-HOPE, Option #1 (24 Hours)

WEBSITES

- The Rape, Abuse, & Incest National Network www.rainn.org
- Coalition Against Rape www.teenpcar.com
- California Coalition Against Sexual Assault www.calcasa.org

Mental Health Resources

HOTLINES

- The Mental Health Association of NYC: 800-LIFENET or 800-AYUDESE (24 Hours)
- National Suicide Prevention Lifeline: 800-273-TALK or 888-628-9454 for Spanish (24 Hours)

WEBSITES

- Teen Mental Health www.teenmentalhealth.org
- Mind Your Mind mindyourmind.ca
- Cope Care Deal www.copecaredeal.org
- Voices of Education www.save.org

General Health Resources

HOTLINES

- SF Youthline: 888-977-3399
- Boys Town National Hotline: 800-448-3000 (24 Hours)

WEBSITES

- Go Ask Alice! www.goaskalice.columbia.edu
- TeensHealth www.teenshealth.org
- We Are Talking www.pamf.org/teen
- Center for Young Women's Health www.youngwomenshealth.org
- Young Men's Health www.youngmenshealth.org

Legal Resources

HOTLINES

- Legal Services For Children: 415-863-3762

WEBSITES

- Teen Health Rights www.teenhealthlaw.org
- ACLU of Northern California www.aclunc.org/youth
- Legal Services For Children www.lsc-sf.org

Nutrition & Physical Activity Resources

WEBSITES

- Choose My Plate www.choosemyplate.gov
- TeensHealth, Your Mind http://kidshealth.org/teen/your_mind

Eating Disorders Resources

HOTLINES

- Eating Disorders Awareness and Prevention Helpline: 800-931-2237
- National Association of Anorexia Nervosa & Associated Disorders: 630-577-1330

WEBSITES

- Center for Young Women's Health www.youngwomenshealth.org
- National Eating Disorders Association www.nationaleatingdisorders.org

Tobacco Resources

HOTLINES

- National Cancer Institute Smoking Helpline: 877-44-UQUIT
- California Smokers' Quitline: 800-NO-BUTTS

WEBSITES

- ASPIRE www2.mdanderson.org/depts/aspire/site.html
- Teen Quit www.teenquit.com
- How Can I Quit Smoking? http://kidshealth.org/teen/drug_alcohol/tobacco/quit_smoking.html#
- Smokefree.gov <http://smokefree.gov>

Alcohol Resources

HOTLINES

- National Drug and Alcohol Treatment Referral Routing Service: 800-662-HELP
- National Alcoholism and Substance Abuse Information Center: 800-784-6776

WEBSITES

- TeensHealth, Drugs & Alcohol www.teenshealth.org/teen/drug_alcohol
- The Cool Spot www.thecoolspot.gov
- Al-Anon/Alateen www.alateen.org

Drug Resources

HOTLINES

- Substance Abuse and Mental Health Services Administration: 800-662-HELP (24 Hours)

- Covenant House 9-line: 800-999-9999 (Mon-Sun 2pm-12am)

WEBSITES

- Partnership for a Drug-Free America www.checkyourself.org
- National Institute on Drug Abuse for Teens www.teens.drugabuse.gov
- Free Vibe www.abovetheinfluence.com

Gay, Lesbian, Bisexual, and Transgender (GLBT) Resources

HOTLINES

- GLBT National Hotline: 888-843-4564 (Mon-Fri 1pm-9pm, Sat 9am-2pm)
- GLBT National Youth Talkline: 800-246-7743 (Mon-Fri 1pm-9pm, Sat 9am-2pm)
- The Trevor Project: 866-488-7386

WEBSITES

- Advocates for Youth www.youthresource.com
- Ambiente Joven www.ambientejoven.org
- Amplify Your Voice www.amplifyyourvoice.org/issues/glbtrights
- Gay, Lesbian, and Straight Education Network www.glsen.org

San Francisco Health Clinics

1. Chinatown Public Health Center ☼

1490 Mason St (at Broadway)
General Hours: Mon-Fri 8am-4:45pm
Phone: 415-364-7600
 Appointments Preferred
 Inbound/Outbound: Take Powell-Mason Cable Car to Mason St & Broadway.

2. Larkin Street Youth Clinic

1142 Sutter St (btw. Polk & Larkin St)
General Hours: Mon 9:30am-1pm & 2pm-5:30pm, Tues 11am-1pm & 2pm-5:30pm, Wed-Fri 9:30am-1pm & 2pm-5:30pm
Phone: 415-364-7600 x259
Website: <http://www.larkinstreetyouth.org>
 Walk-In Appointments Available
 Inbound: Take Muni 2 towards Market & Steuart St. Get off at Post & Larkin St. Walk down Larkin St towards Sutter St. Turn left at Sutter.
 Outbound: Take Muni 2 towards Clement St & 14th Ave. Get off at Sutter & Hyde St.

3. Women's Community Clinic* ☼

1833 Fillmore St, 3rd Fl (btw. Bush & Sutter St)
General Hours: Mon/Wed 5pm-9pm, Tues/Thurs 1pm-9pm, Fri 9am-5pm, Sat 9am-1pm
Phone: 415-379-7800
Website: www.womenscommunityclinic.org
 Appointments Preferred. All Services Free
 Inbound: Take Muni 2 towards Market & Steuart St. Get off at Post & Larkin St.
 Outbound: Take Muni 2 towards Clement St & 14th Ave. Get off at Sutter & Hyde St.

4. Cole Street Youth Clinic ☼

555 Cole St (at Haight St)
General Hours: Mon/Tues/Fri 9:30am-5pm, Wed 2pm-5pm, Thurs 9:30am-6pm
Drop-In Hours: Thurs 2pm-6pm
HIV Testing: Tues/Thurs 2pm-4pm
Phone: 415-751-8181
Website: <http://www.huckleberryyouth.org/colestreet.html>
 Appointments Required Outside of Drop-In Hours
 Inbound/Outbound: Take Muni 33 and get off at Cole & Haight St.

5. Dimensions Clinic ☼

Health Services for Queer, Transgender, and Questioning Youth
 Castro-Mission Health Center, 3850 17th St (btw. Noe & Sanchez St)
General Hours: Thurs 5pm-8pm, Sat 12pm-3pm
Phone: 415-934-7789
Website: www.dimensionsclinic.org
 Walk-In Appointments Available
 Inbound/Outbound: Take Muni 33 and get off at 18th & Sanchez St. Walk down Sanchez St towards Ford St. Turn left onto 17th St.

6. Mission Neighborhood Health Center Teen Clinic ☼

240 Shotwell St (at 16th St)
General Hours: Mon/Thurs 1:45pm-5pm
Phone: 415-552-3870 #366 or 339
 Appointments Preferred
 Take BART to 16th St Mission. Walk on 16th St towards S Van Ness Ave. Turn right at Shotwell St.

7. New Generation Health Center* ☼

625 Potrero Ave (btw. 18th & 19th St)
General Hours: Mon/Wed/Fri 9am-12pm & 1pm-5pm, Tues/Thurs 10am-12:30pm & 1:30pm-6pm
Phone: 415-502-8336
Website: <http://newgen.ucsf.edu/newgen/>
 Walk-In Appointments Available
 Only for Emergency Contraception
 Inbound/Outbound: Take Muni 9 and get off at Potrero Ave & 17th St. Walk down Potrero Ave towards Mariposa St.

8. Valencia Health Services ☼

1647 Valencia St (at Cesar Chavez St)
General Hours: Mon/Tues/Thurs/Fri 8:30am-12:30pm & 1:30pm-5:30pm
Drop-In Hours: Tues/Thurs 8:30am-12:30pm & 1:30pm-5:30pm
Phone: 415-647-3666
 Appointments Required Outside of Drop-In Hours
 Inbound: Take Muni 12 towards Pacific & Van Ness Ave. Get off at Cesar Chavez & Mission St. Walk down Cesar Chavez St towards Bartlett St. Turn left at Valencia St. Outbound: Take Muni 12 towards Mission & 24th St. Get off at Valencia & Cesar Chavez St.

9. Third Street Youth Center & Clinic

5190 3rd St (at Thornton Ave)
General Hours: Mon-Thurs 1pm-5pm, Fri 1pm-4pm
HIV Rapid Testing: Tues/Thurs 1pm-5pm, Fri 1pm-4pm
Phone: 415-822-1707
Website: <http://3rdstyouth.org>
 Walk-In Appointments Available
 All Services Free
 Inbound/Outbound: Take Muni 23 and get off at 3rd St & Palou Ave. Walk down 3rd St towards Quesada Ave.

10. Hawkins Youth Clinic

1099 Sunnydale Ave, 3rd Fl (at Rey St)
General Hours: Tues/Wed/Thurs 1pm-5pm
Phone: 415-585-2451
 Walk-In Appointments Available
 Inbound/Outbound: Take Muni 9 and get off at Schwerin St & Garrison Ave. Walk down Schwerin St towards Heritage St. Turn left at Sunnydale Ave.

11. Balboa Teen Health Center ☼

1000 Cayuga Ave, #156 (at Onondaga Ave)
General Hours: Mon-Fri 3:30pm-5:30pm
Hours for Balboa High Students Only: Mon-Fri 8:30am-5pm
Phone: 415-469-4512
 Walk-In Appointments Available
 Inbound: Take Muni 14 towards Steuart & Mission St. Get off at Mission St & Russia Ave. Walk on Mission St to Onondaga Ave and turn right. Walk on Onondaga Ave until it intersects with Cayuga Ave.

Outbound: Take Muni 14 towards Mission St & San Jose Ave. Get off at Mission St & Onondaga Ave. Walk on Onondaga Ave until it intersects with Cayuga Ave.

12. Hip Hop To Health Clinic

Lt. Bookman Community Center
 446 Randolph St (at Arch St)
General Hours: Mon 1pm-5pm, Thurs 1pm-4:30pm
Phone: 415-337-4719
 Walk-In Appointments Available
 Inbound/Outbound: Take Muni 54 and get off at Alemany Blvd & Arch St. Walk on Arch St towards Brotherhood Way. Turn right at Randolph St.

Unlike all other clinics, the clinics marked with an asterisk () do not offer comprehensive health services. Instead, they offer primarily reproductive health services.

☼ The health centers marked with a sun ☼ participate in California's Family PACT Program, meaning that a teenager can get reproductive health services (including STI testing and methods of pregnancy prevention) for free or low cost without their parents' knowing.

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